



## **SINGLE DAD'S BOOT CAMP: THE CRASH COURSE IN SINGLE PARENTING**

***BROUGHT TO YOU BY ALLYSON TOMCHIN, LCSW of DIRECTIVE ENERGY***

This brief solution focused training session equips dads of different economic levels, ages and cultures to become confidently engaged with their children and to personally navigate their way around the basics of single parenting.

- Group 1 – Bedtime
- Group 2 – Discipline
- Group 3 – Meals & Snacks
- Group 4 – Homework

*About the facilitator: Allyson Tomchin has over 15 years of clinical experience with children and families. Allyson brings a sense of urgency and clarity through her Goal Oriented Approach by systematically dissecting complex matters and addressing solutions, not problems. Her strength lies in developing relationships with an eye to reaching a goal. The unique element that she brings to her work is a total focus on you. Currently in private practice, she devotes her time and energy to Life Coaching, Family Mediation and Parenting Coordination. She has worked with thousands of individuals in reaching their goals and achieving their highest potential. Her current focus is the field of high conflict divorce and parenting.*

### **BOOT CAMP DETAILS**

- Maximum of 5 participants per group
- Pre-registration is required
- In person participation is required
- Mix and match different modules to fit your busy schedule
- 60 minute groups

### **COST: \$500.00 per person**

- Includes four (4) one hour modules
- Training materials
- 30 minute phone session for follow up
- Certificate upon completion
- All groups held onsite at 2455 Hollywood Boulevard
- We accept cash, checks and all major credit cards

### **Group Module Dates and Times**

*All sessions are held from 12:00pm-1:00pm*

Mon. May 18:	Module #1 Bedtime
Wed. May 20:	Module #2 Discipline
Wed. May 27:	Module #3 Meals & Snacks
Mon. June 1:	Module #4 Homework
Mon. June 8:	Module #1 Bedtime
Wed. June 10:	Module #2 Discipline
Mon. June 15:	Module #3 Meals & Snacks
Wed. June 17:	Module #4 Homework
Mon. June 29:	Module #1 Bedtime
Wed. July 1:	Module #2 Discipline
Mon. July 6:	Module #3 Meals & Snacks
Wed. July 8:	Module #4 Homework

**For more information, or to reserve a space, contact us by phone, fax or email.**

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